

# Company step challenge

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# How can I join the challenge?

You are already a part of challenge, to check your progress you can :

1. Click on step challenge card on your homepage or
2. You can go to challenges & click on step challenge card
3. Check your position on leaderboard

# What should I do if my steps aren't syncing with the app?

If your steps are not syncing, please ensure that your fitness tracker is connected. You can do this by:

1. On healthmov homepage, tap Settings on the top righthand corner
2. Go to Connections
3. Check your device connection
4. Refresh the app to sync the data

# Is there a maximum limit on the number of steps for a day?

During a step challenge, there is a daily step cap of 15,000 steps. If you exceed this daily step cap, all your steps will still be visible in your fitness data, but please note that steps beyond the cap limit will not count towards your step challenge progress.

# Is manual step entry allowed?

To ensure fairness, we do not count manually entered steps. Only steps tracked through a wearable device will be counted towards your challenge progress.

# What happens when I join the step challenge late?

As the Company step challenge is an auto-submission challenge, you were already a part of the challenge, but your steps were not synced. We allow you to sync your fitness data for the past 7 days, which means your steps for the previous 7 days will be reflected on the leaderboard.

However, if you join after 7 days from the challenge start date, please note that the steps for the first few days of the challenge will not be counted in your total step count.

# Are the steps taken on the first and last day of the challenge included in the count?

Yes, steps taken on the first and last days of the challenge are included in the total step count.

# How often is the leaderboard updated?

The leaderboard is typically updated in real-time or at regular intervals throughout the day to reflect your current step count and ranking.



# Can I participate in multiple challenges simultaneously?

Yes, you can participate in multiple challenges at the same time. Your steps will be counted for all the challenges you join.

# Is there a prize or reward for winning the step challenge?

Yes, each challenge is coming with prizes. Check the challenge details for information on any prizes or rewards associated with the challenge.