

How to setup a Group Challenge

1. Ensure you have a connected wearable/device
2. Under Challenge Details, select a Start Date for your Group Challenge to commence on, then set the goal and duration. The higher the goal, the more points that are up for grabs.
3. Invite participants before the Group Challenge Start Date.
4. Participants must be connected to a wearable/device, to be ranked fairly.
5. To ensure fairness, we do not count manually entered steps. Only steps synced through a fitness tracker will be counted towards your challenge progress.
6. All participants must meet the minimum activity threshold which is 5,000 steps per day to earn reward points.
7. Health Points will be awarded automatically to the Top 3 Winners. This can be checked under Balance History in Rewards.

Note: There must be a minimum of 3 participants including yourself for the Group Challenge to commence. You can send invites again to Participants before the Group Challenge starts. If there are not enough Participants, the Group Challenge will be cancelled.

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