

# Can I connect any fitness devices to healthmov app?

You can effortlessly monitor, record, and manage your fitness & sleep data right from your Android devices and smartwatches.

Follow these simple steps to get started :

1. Download **Health Connect** - [click here](#)
2. Open your default **Fitness** App on your device (e.g. Samsung Health, Google fit, Fitbit, Huawei, AmazeFit etc)
  1. Sign In and Set Up if needed
  2. Tap Settings - Under '**Health Connect**' settings, turn on **Sync Fit with Health Connect**
3. Connect to healthmov :
  1. Open the **healthmov** app on your device.
  2. Tap the Settings icon on top right hand corner on Home, then select Connections
  3. Connect to **Health Connect** & allow all permissions
  4. Once Connected, tap close to update

By following the above steps, you'll seamlessly integrate your Android phone with Health Connect and unlock a world of comprehensive fitness tracking and monitoring at healthmov. If you encounter any issues during the process, write to us at [support@healthmov.com](mailto:support@healthmov.com).

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