

How do I connect my Fitbit to healthmov app?

To connect your Fitbit to healthmov App to track your progress steps & fitness follow the below steps :

1. On Home, select Settings then tap Connections or when selecting a challenge the Connections screen will be displayed
2. On the Connections screen select With a device.
3. Tap on Connect To Fitbit. If you're already connected, tap twice on the button.
4. Your browser should open to a Fitbit login page, add your Fitbit account details there.
5. Check all the checkboxes and click Allow.
6. Go back to the healthmov app and refresh.
7. Your Sleep and Fitness will be updated after a few seconds.
8. You must daily open your healthmov app to sync your data

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