

How do I connect my Withings to healthmov app?

To connect your Withings to healthmov App to track your progress steps & fitness follow the below steps :

1. On Home, select Settings then tap Connections or when selecting a challenge the Connections screen will be displayed
2. On the Connections screen select With a device.
3. Tap on Connect To Withings. If you're already connected, tap twice on the button.
4. Your browser should open to a Withings login page, add your Withings account details there.
5. Check all the checkboxes and click Allow.
6. Choose Open healthmov app to go back to the app and click refresh.
7. Your Sleep and Fitness will be updated after a few seconds.
8. You must daily open your healthmov app to sync your data

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