

What data can I collect from connected devices?

Healthmov uses activity data from Apple Health, Google Fit, Garmin, Fitbit & Withings. This includes extensive exercise activities such as running, walking, swimming, yoga, skiing, wheelchair distance etc. Along with detailed sleep analysis such as REM, Deep and light sleep when available from a users connected device.

Revision #1

Created 6 June 2024 12:01:38 by Saloni

Updated 6 June 2024 12:02:32 by Saloni